



Player Responsibilities and Expectations

All players who are members of the Old Bridge Hoops Academy/Hoops Academy understand playing basketball demands tremendous commitment and dedication to the game and their team. Playing for the Academy is a privilege not a right. Here are a few important Player Expectations:

- Have fun and always give your best effort.
- Always show respect for the coaches, parents, and other players on the team.
- Putting the goals of the team above individual desires
- Take your commitment to the team seriously: Show up, work hard, play hard, play fair, support your teammates, and commit to improving your game.
- Never be confused—school work comes first! Your school work comes first, stay on top of your school work so you can come to practice and games.
- Arrive at practices at least 10 minutes before practice starts and be ready to work — all practice session starts with 5-10 minutes of dynamic stretching.
- Understand the importance of practice. If you are going to miss practice, remind your parents to let your coaches know ahead of time. We will only be as good in games as we are in practice — remember, there is no glory in practice, but without practice there is no glory.
- Be open to feedback from your coaches. Sometimes it is hard to hear that you aren't doing something right, but if we don't tell you when you are doing something wrong, we are not helping you improve.
- Always support your teammates. Cheer them on when they are having a tough practice. Encourage them by giving them a high five when they do something well. Never lose sight that you are a part of a team. We win together and we lose together. We don't get down on one another when things aren't going well. Always strive to work as hard to be a great teammate as you do to be a great player.
- Take personal responsibility for improving your game. If you want to play better or you want more playing time, ask the coach what you need to improve on to reach that goal. Responsible players are respectful, have a positive attitude and are active listeners – to not only coaches, but also officials and their teammates. These attributes ensure that players can continually develop their own personal skillset, and perform for the greater benefit of their team.

It is a privilege to be selected to one of our team. Therefore, with your selection comes a responsibility to work hard and be positive at all times. It is the responsibility of the player to uphold the dignity and honor of the basketball program while representing the Old Bridge Hoops Academy at all times. Each player is a vital component to their team and their teammates are depending upon them to make good decisions.

I have read (parent/guardian have read), understand, and agree to uphold ALL of the guidelines and expectations outlined in this document.

Player's Name (Print)

Parent/Guardian's Name (Print)

Player's Signature

Parent/Guardian's Signature

Date

Date